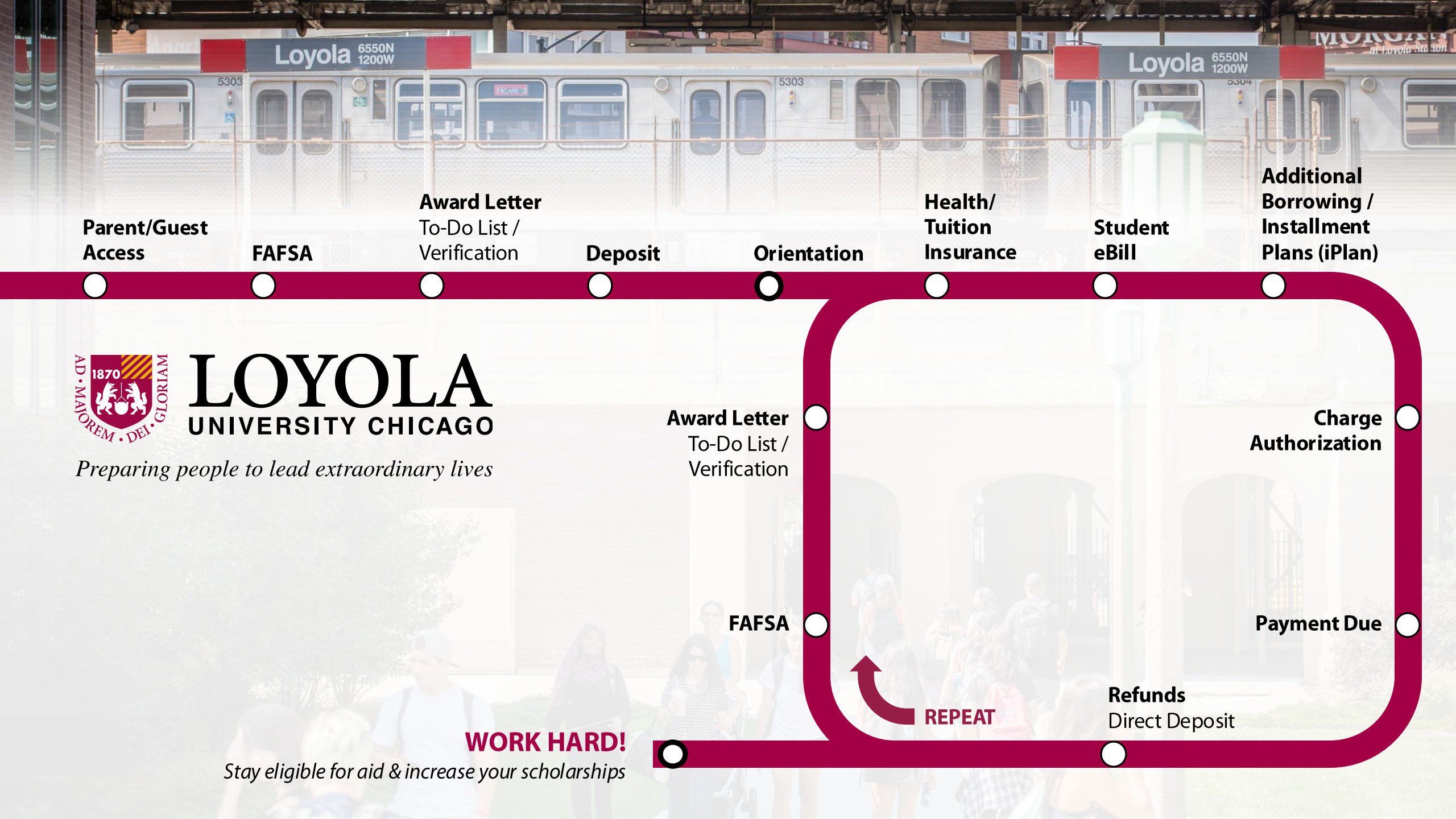


# DOLLARS & SENSE



**LOYOLA**  
UNIVERSITY CHICAGO

*Preparing people to lead extraordinary lives*



Parent/Guest  
Access

FAFSA

Award Letter  
To-Do List /  
Verification

Deposit

Orientation

Health/  
Tuition  
Insurance

Student  
eBill

Additional  
Borrowing /  
Installment  
Plans (iPlan)



# LOYOLA UNIVERSITY CHICAGO

*Preparing people to lead extraordinary lives*

Award Letter  
To-Do List /  
Verification

Charge  
Authorization

FAFSA

Payment Due

Refunds  
Direct Deposit

**REPEAT**

**WORK HARD!**

*Stay eligible for aid & increase your scholarships*



## GUEST ACCESS

# Parent/Guest LOCUS Access

- Allows parents/guests to receive e-Bill, make payments online and discuss account with financial staff
- Easy for student to register parents/guests and assign them a password

### **CAN ALLOW ACCESS TO...**

- *E-bill*
- *Account summary*
- *Creating a payment plan*
- *Student health insurance*
- *Financial Aid*
- *1098-T*
- *Discuss academic record*
- *View and Enter Immunization*



## CHECK TO-DO LIST

Search for Classes

▼ Holds

No Holds.

▼ To Do List

- NW (1st Time) FR Transfer Crdt
- Official Transcript
- Official Transcript
- Dep Student Verification Wkst
- Parent 2016 Tax Transcript
- Student 2016 W-2
- Verification- Group 1

More ▶

▼ Enrollment Dates

Open Enrollment Dates

Item List				
To Do Item	Due Date	Status	Institution	Administrative Function
NW (1st Time) FR Transfer Crdt	04/25/2018	Initiated	Loyola University Chicago	General
Official Transcript	04/25/2018	Received	Loyola University Chicago	General
Official Transcript	04/25/2018	Initiated	Loyola University Chicago	General
Dep Student Verification Wkst	05/16/2018	Received	Loyola University Chicago	Financial Aid
Parent 2016 Tax Transcript	05/16/2018	Initiated	Loyola University Chicago	Financial Aid
Student 2016 W-2	05/16/2018	Received	Loyola University Chicago	Financial Aid
Verification- Group 1	05/16/2018	Received	Loyola University Chicago	Financial Aid

***Additional documents may be needed to make your award official***



## HEALTH INSURANCE



- All students are automatically enrolled into plan with United Healthcare ([www.uhcsr.com/luc](http://www.uhcsr.com/luc))
- \$3,684 for Fall-start students annual coverage
- Can waive coverage through LOCUS if already covered by an insurance policy

**WAIVER DEADLINE IS OCTOBER 1<sup>st</sup>**



## TUITION INSURANCE

# DEWAR

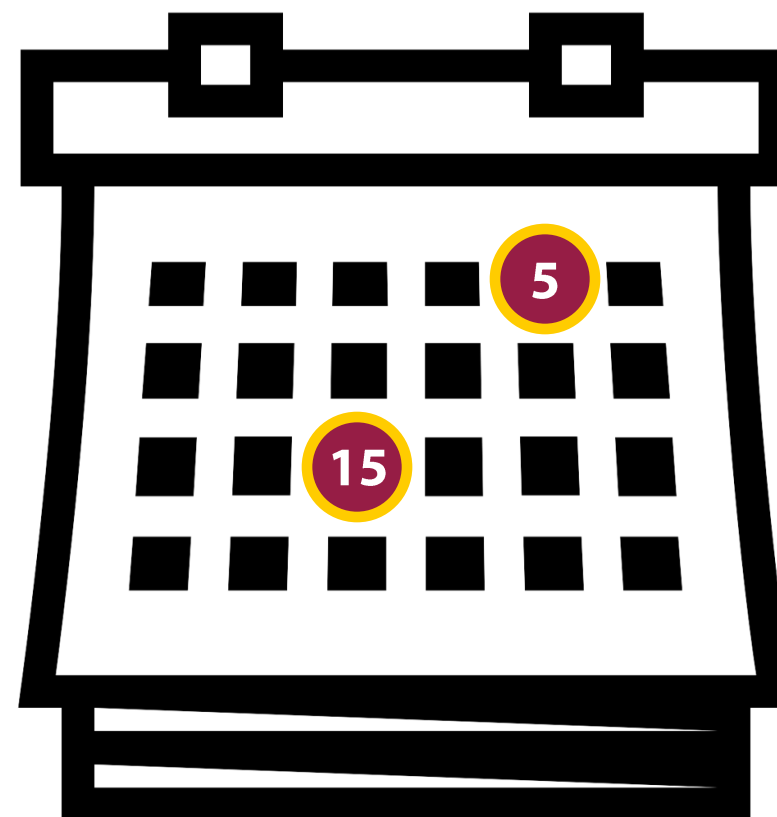
**Tuition insurance, partnered with Dewar, covers up to 75% of tuition, fees and on-campus housing if a student withdraws from Loyola due to illness or injury**

- Enroll by Sunday, August 25<sup>th</sup>
- **Annual Cost = \$294** for tuition, fees, room and board or **\$224** for tuition and fees only.
- Change your enrollment e-mail [Bursar@luc.edu](mailto:Bursar@luc.edu)



## BILLING/E-BILLS

- eBill notifications are sent on the 15<sup>th</sup> of each month
- Sent to student's @luc.edu email address and Parent/Guest access accounts
- Payments are due the 5<sup>th</sup> of the following month
- Accounts available 24/7 in LOCUS





## INSTALLMENT PLANS

- An interest-free way to help reduce borrowing
- Pay balance in monthly installments rather than a lump sum payment
- \$105 enrollment fee
- [LUC.edu/bursar/iPlan](https://luc.edu/bursar/iPlan)

	<b>Enrollment Fee</b>	<b>Sign-Up Begins</b>	<b>Sign-Up Ends/ First Installment Due</b>	<b>Last Installment Due</b>
<b>12-Month Plan</b>	\$105	May 8, 2025	June 5, 2025	May 5, 2026
<b>11-Month Plan</b>	\$105	May 8, 2025	July 5, 2025	May 5, 2026
<b>10-Month Plan</b>	\$105	May 8, 2025	Aug. 5, 2025	May 5, 2026
<b>9-Month Plan</b>	\$105	May 8, 2025	Sept. 5, 2025	May 5, 2026



## iPLAN VS. LOANS



### **iPlan**

The average annual iPlan budget is \$22,667. Over four years that totals to \$94,668.

**VS.**



### **Borrowing**

If you take out a loan instead of using an iPlan you will also end up paying \$9,308 in interest at 7% over 10 years. If you took out that loan all four years this totals to **\$37,233** in interest.



## REFUNDS



- Financial Aid is posted to accounts during the week of **September 12<sup>th</sup>**
- **DIRECT DEPOSIT** within 2 banking days
- Paper checks are printed once a week and mailed to the permanent address on file.



**RAMBLER BUCKS – Not part of Dining Dollars**

# Use Rambler Bucks for...



**PRINTING**



**TEXTBOOKS**



**DINING**



## ADDING RAMBLER BUCKS:

**1. CREDIT CARD:** Through online card office [get.cbord.com/luc](http://get.cbord.com/luc)

**2. CHARGE TO ACCOUNT:**

Charge authorization form online **Only available July 1<sup>st</sup> – September 5<sup>th</sup>**



## NEXT STEPS

# 6 MUST-DO ITEMS

- Sign up for Parent/Guest Access
- Check your To-Do List in LOCUS
- Review Installment Plan (iPlan) options
- Apply for additional loans, if needed
- Waive out of Student Health Insurance
- Sign up for Direct Deposit for refunds

### **Lake Shore Campus**

Sullivan Center for Student  
Services

6339 N. Sheridan Road, Suite 190

Phone: 773.508.7705

Fax: 773.508.8727

Open 8:30am – 5:00pm

Monday - Friday

[bursar@luc.edu](mailto:bursar@luc.edu)

### **Health Sciences Campus**

2160 South First Avenue,  
Bldg.120, Room 204

Maywood, Illinois 60153

Phone: 773.508.7705

Fax: 708.216.0480

Open 8:30am – 4:30pm

Monday - Friday

[bursar@luc.edu](mailto:bursar@luc.edu)

### **Water Tower Campus**

25 E. Pearson Street  
Corboy Law Center

Phone: 312.915.6160

Fax: 312.915.6162

Open 8:30am – 5:00pm

Monday - Friday

[bursar@luc.edu](mailto:bursar@luc.edu)



*Preparing people to lead extraordinary lives*

WELLNESS CENTER

# Caring for Yourself

LUCO SUMMER 2025



**LOYOLA**  
UNIVERSITY CHICAGO

# WELLNESS CENTER 101

WHO?



## WHERE?

- Lakeshore
- Water Tower
- Health Sciences



## WHEN?

### Fall and Spring Semester

- Monday-Friday, 8:30am-5pm

Emergency and Urgent Care locations available on the website

## WHY?



### Medical care

Acute illnesses and conditions including but not limited to: respiratory infections, urinary tract infections, headaches, abdominal pain, STIs, and dermatologic conditions



### Mental health care

Brief individual psychotherapy  
Group Counseling (including mindfulness meditation)  
Psychiatry Care



Care management and community referral service

### Advocacy Services

Support and resourcing for sexual assault, dating/domestic violence/stalking



### Nutrition

Weight management, eating disorders, sports nutrition, GI problems

## HOW?


- Dial-A-Nurse  
773-508-2530
- Online Scheduling
- The Line  
773-494-3810



## WHAT?!

- Services are included in the Student Activity Fee
- Don't bill insurance

\*Lab tests, immunizations, allergy shots, and medications may carry a fee

 #SchittsCreek



WHAT **EXACTLY** IS  
REQUIRED OF ME?

LOYOLA UNIVERSITY CHICAGO

## State requirement

### 2 step process:

1. Enter immunizations into **Loyola Health**
2. Submit a copy of your official immunization record to **Loyola Health**

- May be a non-compliance fee/hold
- Visit the immunizations page on the Wellness Center website for more detailed information

ONLINE TITLE IX SEXUAL ASSAULT PREVENTION TRAINING FOR COLLEGE STUDENTS

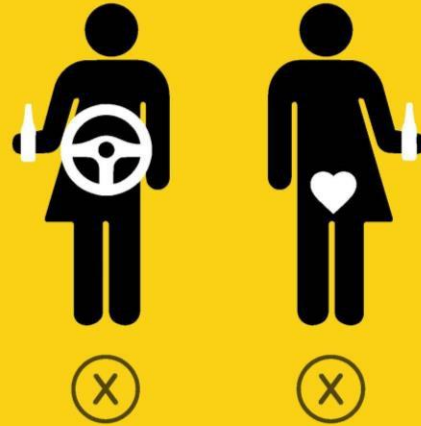
**U GOT THIS!**

DUE: September 5th



**Alcohol Wise**  
3RD MILLENNIUM CLASSROOMS

# Stay in your lane



**If they're too drunk to drive,  
they're too drunk to have sex.**

*If they're too drunk to have sex,  
it's sexual assault.*



Learn more at [LUC.edu/CCRT](https://luc.edu/CCRT)

- Advocacy is:
  - Specialized services and support for survivors of GBV
  - **Completely confidential**
- An advocate can:
  - Help survivors process incidents of GBV
  - Assist with safety planning
  - Help with navigating medical, legal, and/or LUC options
  - Accompany survivors to appointments, as appropriate
  - Provide referrals both on and off-campus

**Confidential:**

-Wellness Center Staff

**Non-Confidential:**

-All other University employees

THE LINE  
773-494-3810

"WHO WILL KNOW THAT I CALLED?"

"NO ONE. THE LINE IS COMPLETELY CONFIDENTIAL."

CALL THE LINE AT LOYOLA FOR SUPPORT AND RESOURCES FOR GENDER-BASED VIOLENCE AT 773-494-3810

WELLNESS CENTER  
Get well. Be well. Stay well.



Click on any of the flyers below to learn more

**THE LINE**  
For support and resources for sexual and relationship violence

- confidential
- staffed by trained advocates

Monday - Friday 8am-4:30pm  
24 hours on weekends when classes are in session



Scan this code to save this # in your contacts

773-494-3810

**LOYOLA'S DIETITIAN SERVICES**  
THE WELLNESS CENTER'S REGISTERED DIETITIAN CAN HELP WITH:

- HEALTHY, BUDGET-FRIENDLY MEAL PLANNING
- FOOD ALLERGIES OR INTOLERANCES
- GASTROINTESTINAL PROBLEMS
- DIABETES/HYPOGLYCEMIA
- SPORTS NUTRITION FOR ATHLETES
- WEIGHT MANAGEMENT
- DISORDERED EATING SUPPORT AND GUIDANCE
- EMOTIONAL/HEMISUAL EATING
- ALL OTHER NUTRITION QUESTIONS/CONCERNS

773-508-2530

**Dial-A-Nurse**  
The easiest way to make a medical appointment!

773.508.8883

Dial-A-Nurse calls are taken by a registered nurse who can:

- Answer questions about illnesses or injuries
- Discuss health concerns
- Advise you on the urgency of your condition and recommend the appropriate level of care

The hours are:  
Monday through Thursday, 8 a.m.-6 p.m.  
Friday, 8 a.m.-5 p.m.  
Saturday, 8 a.m.-noon


**Loyola's Mental Health Services**

Call to make an appointment: 773.508.2530  
Or schedule online: [wellness.luc.edu/login-directory.aspx](https://wellness.luc.edu/login-directory.aspx)

The Wellness Center's Mental Health Services Include:

- Emergency/Crisis Services
- Brief Individual Counseling
- Psychiatry
- Group Counseling
- Case Management/Referrals
- Suicide Prevention
- Mindfulness Meditation
- Therapy Dog

Find out more at <https://www.luc.edu/wellness/mentalhealth/>

 If you are in a mental health crisis after-hours, please call 773-508-2530, press 3 to speak to a counselor

**Every Monday**  
**Upcoming programs**  
**Health news**  
**Raffles**  
**Recipes**  
**...and more!**



**SCAN ME!**

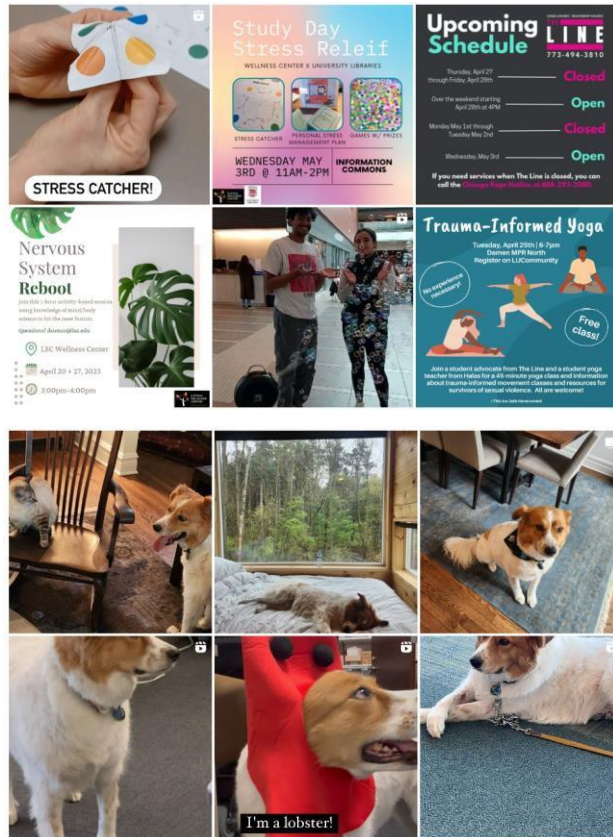


# FREE FOOD!



LOYOLA UNIVERSITY CHICAGO

# STAY IN TOUCH!



@loyolawellnesscenter



@ashlarthetherapydog



**QUESTIONS?**

# Thank you

[www.luc.edu/wellness](http://www.luc.edu/wellness)

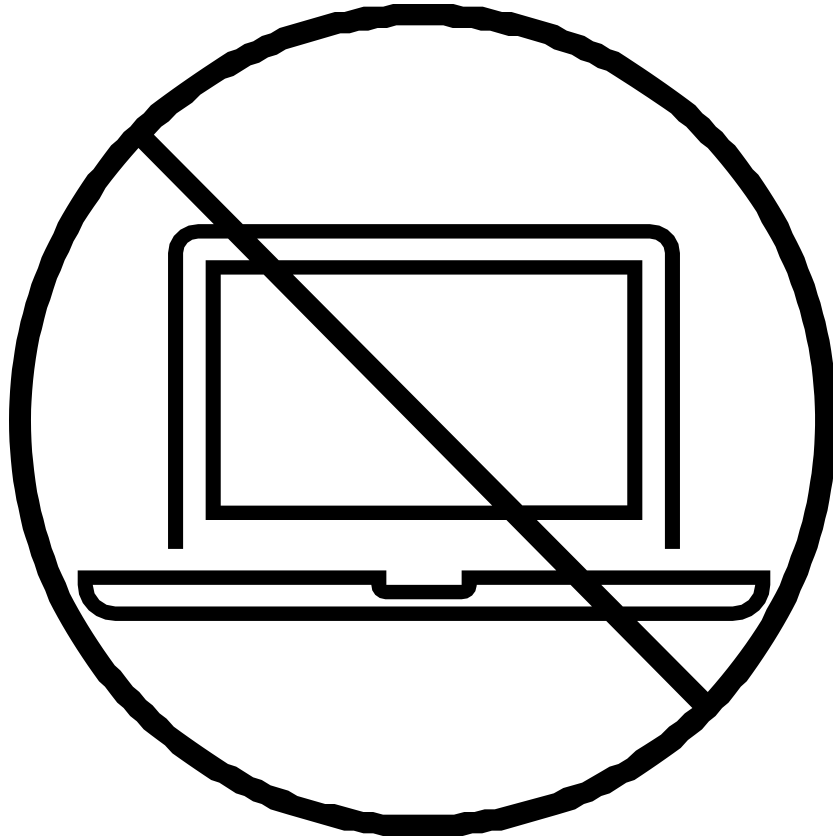
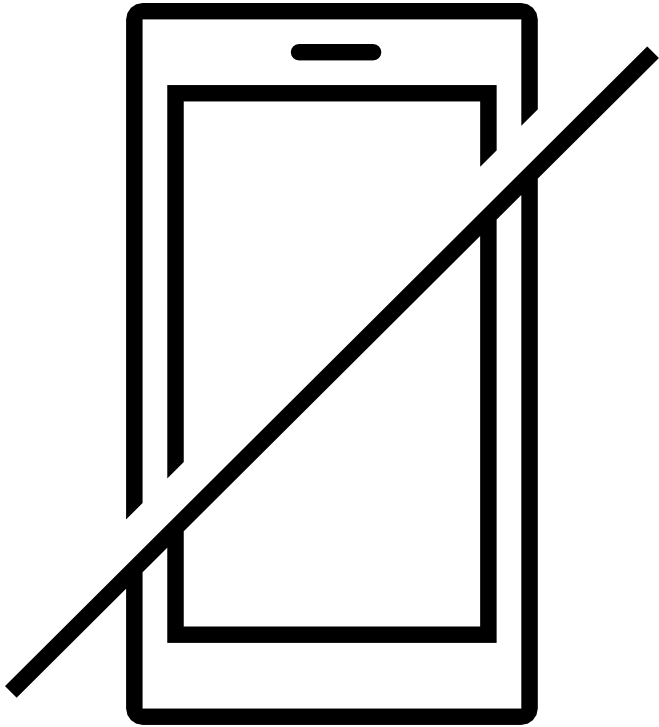


**LOYOLA**  
UNIVERSITY CHICAGO

**your career journey**

**how we can support you on it**

**Please put your electronic devices away for now – unless they're needed for accessibility. We'll use them later.**



# Today's Objectives

We'll Explore:

- Who Career Services is and How We Support You
- Where Career Services is Located/Accessed
- What **Your Career Journey** with us Might Look Like
- How to Start Engaging with Us and Our Resources



# How we Support

## You



- **LOTS** of Curated Resources and Tools that are Easily Accessible
- **Dedicated Advisors** for Each Career Community
- Year Round **1:1 Career Advising** at Your Convenience – in person or virtually – including support for student employment (up to 5 yrs post-graduation)
- **Signature Programming**, Including Career Fairs, Career Tours, Employer Panels and Chats

And More...

# Career Communities

There are 11 total undergraduate Career Communities. Each community listed below is led by a dedicated career advisor:

## Arts, Public & Human Services, Policy & Law

- Law, Policy & Government
- Arts, Culture & Media
- Social Services, Education & Nonprofit

## Health, Medicine & Natural Sciences

- Pre-Medicine
- Nursing
- Allied Health & Public Health
- Natural Sci, Research & Sustainability

## Business & Technology

- Finance & Accounting
- Marketing, Ad, & PR
- Technology, IS & Data
- Consulting, HR & Supply Chain

# Arts, Public & Human Services, Policy & Law Career Communities



Social Services, Education  
& Nonprofit



Arts, Culture &  
Media



Law, Policy & Government

# Health, Medicine & Natural Sciences Career Communities



Pre-Medicine



Pre-Nursing



Natural Science, Research  
& Sustainability

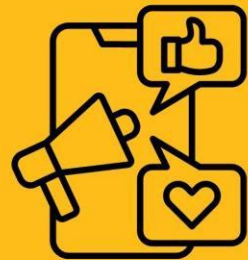


Allied Health  
& Public Health

# Business & Technology Career Communities



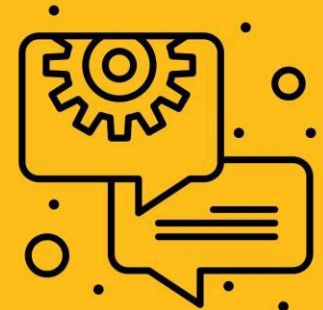
Technology,  
Info Systems & Data



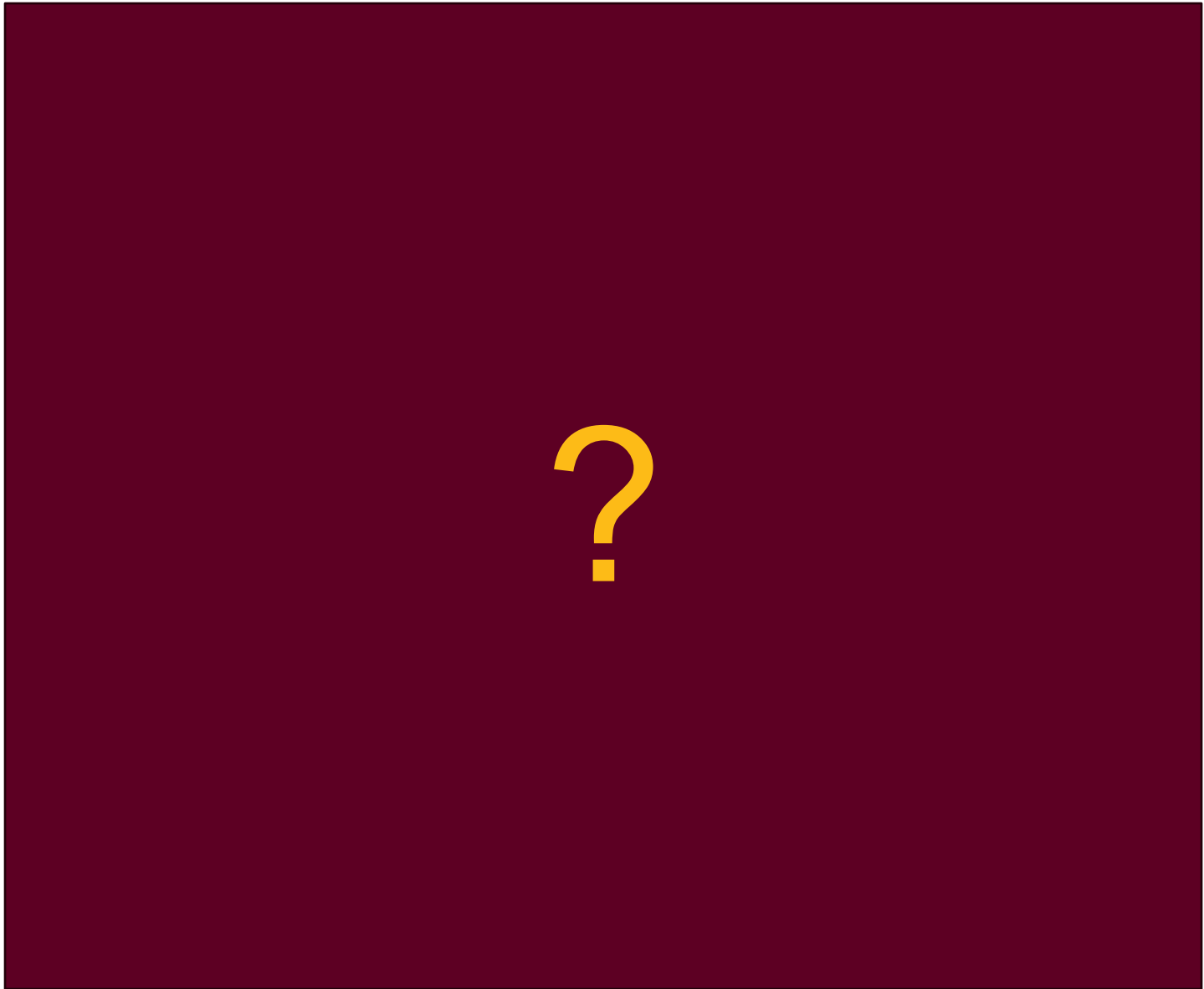
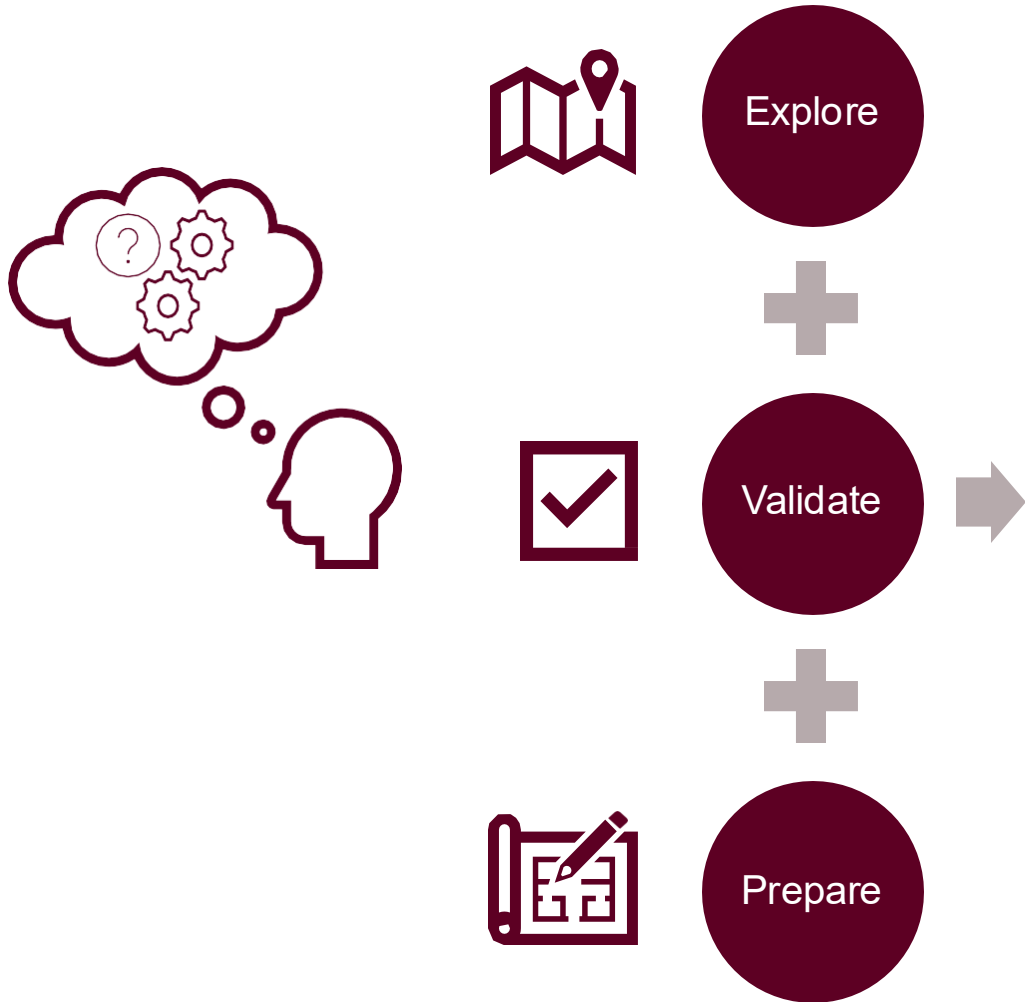
Marketing,  
Advertising & PR



Finance &  
Accounting



Consulting, HR &  
Supply Chain



# Exploration



## Group Exercise: Childhood Career Goals

In Groups of 2 to 3, Discuss the Following:

- What was one of your **dream jobs** when you were a child?
- **Why** do you think that was what you wanted to do when you grew up?
- Does anything that drew you to that job remain a driver/interest for you **today** when it comes to careers of interest? Take notes!



# Exploration



## Debrief Group Exercise: Childhood Career Goals

- Does anyone want to still pursue the same dream job?
- What about the dream jobs from childhood you are no longer interested in?
- Can you see any parallels between what you wanted to do then and would consider now?



Explore

# Career Communities

Select **your top 3 career communities** of interest using the [survey](#) on our website

You can always explore more communities later – consider this a starting point



## Arts, Public & Human Services, Policy & Law

- Law, Policy & Government
- Arts, Culture & Media
- Social Services, Education & Nonprofit

## Health, Medicine & Natural Sciences

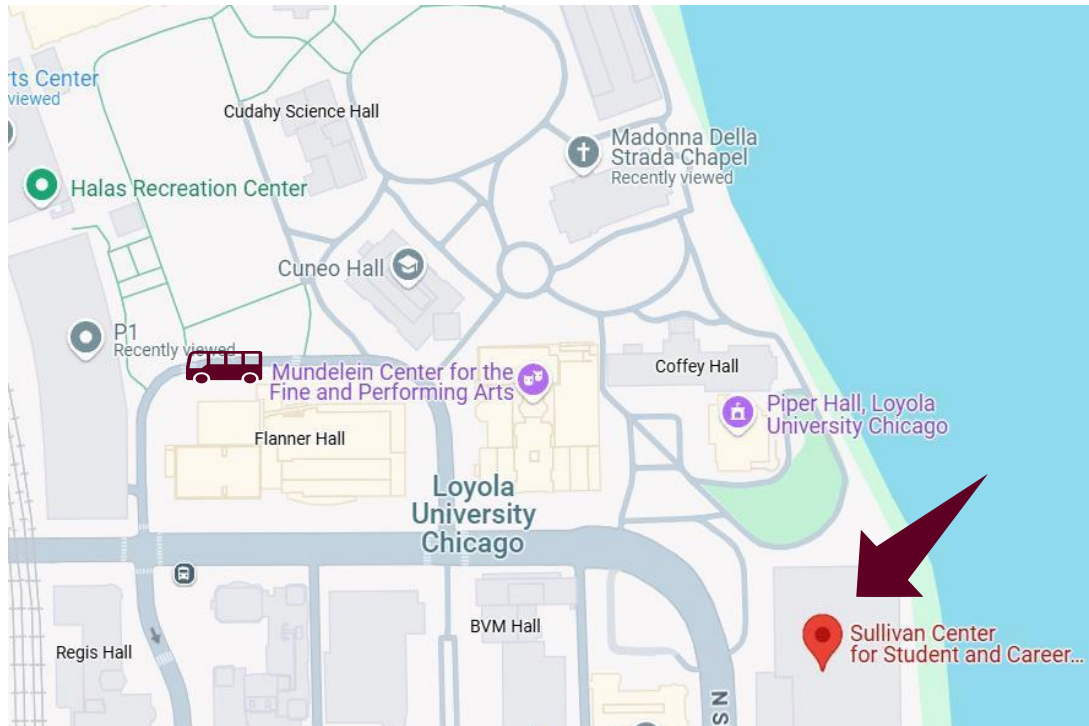
- Pre-Medicine
- Nursing
- Allied Health & Public Health
- Natural Sci, Research & Sustainability

## Business & Technology

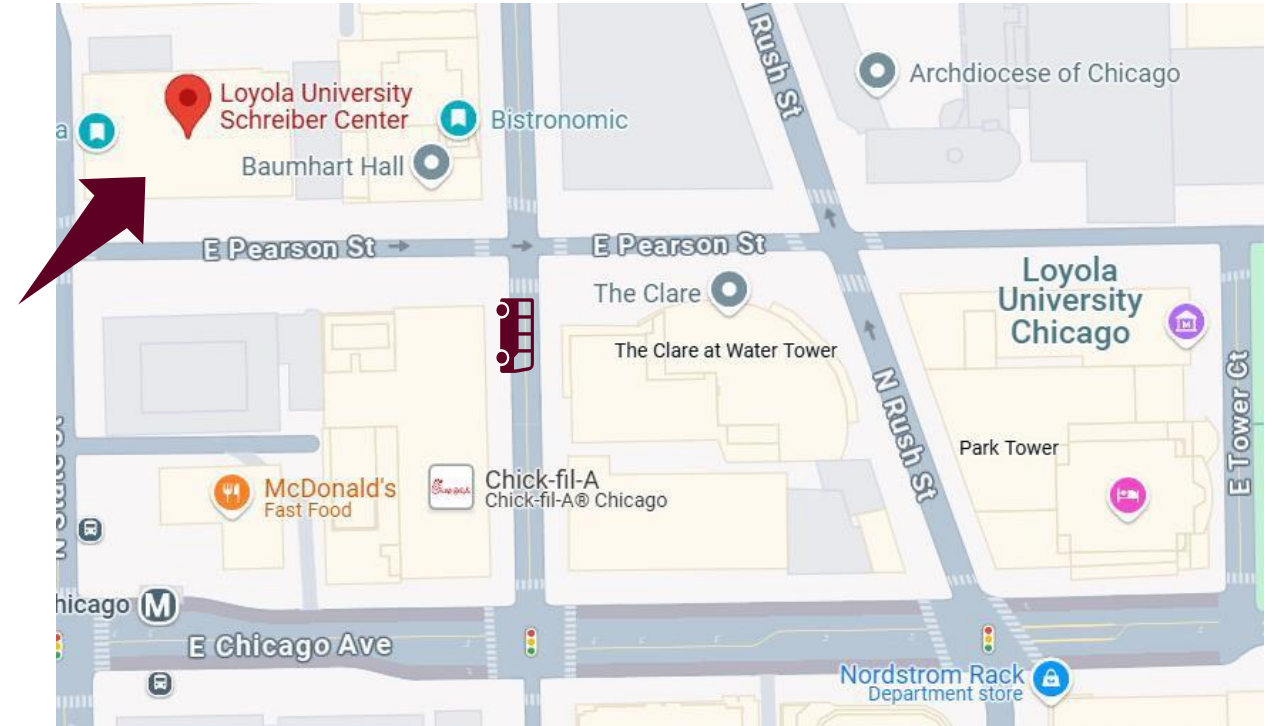
- Finance & Accounting
- Marketing, Ad, & PR
- Technology, IS & Data
- Consulting, HR & Supply Chain

# Where to Find Us

Lake Shore Campus  
Sullivan Center – Suite 255



Water Tower Campus  
Schreiber Center – Suite 115



773-508-7716 | <https://www.luc.edu/career/> |  LUC\_career

Exploration Cont.



## Critical Resource: Explore Further

**Handshake** – [LUC.JOINHANDSHAKE.COM](https://luc.joinhandshake.com)

- Our primary platform for sharing resources, postings jobs and events, and scheduling appointments with advisors.

### Suggestion

- Download the Mobile App
- Login and update your Handshake profile
- Explore Handshake's Jobs, Events, and Career Services collections and resources



[Career Services |](#)

THANK  
YOU!

QUESTION



LOYOLA  
UNIVERSITY CHICAGO

DIVISION OF MISSION INTEGRATION

# Loyola University Values



CAMPUS MINISTRY - @LUCministry

COMMUNITY SERVICE AND ACTION - @LUCserve



**LOYOLA**  
UNIVERSITY CHICAGO



LOYOLA UNIVERSITY CHICAGO

# OUR MISSION

We are Chicago's Jesuit Catholic University – a diverse community seeking God in all things and working to expand knowledge in the service of humanity through learning, justice, and faith.



## QUESTIONS FOR DISCUSSION

# PAIR SHARE:

- 1: What word or phrase from Loyola's mission do you connect with?
- 2: Is there an element of the mission that makes you excited to be a Rambler?

*We are Chicago's Jesuit Catholic University – a diverse community seeing God in all things and working to expand knowledge in the service of humanity through learning, justice, and faith.*



# Loyola University Values

- Diverse Community
- Expanding Knowledge Through Experience
- Finding God in All Things
- Service for Justice

LOYOLA UNIVERSITY VALUE #1

# DIVERSE COMMUNITY



CAMPUS MINISTRY – COMMUNITY SERVICE AND ACTION



## QUESTIONS FOR DISCUSSION

# PAIR SHARE

- 1: What question from the Ramblers Be Counted activity were you most excited to answer?
- 2: For which of your answers were you glad to see that someone in the room shared an interest or identity?

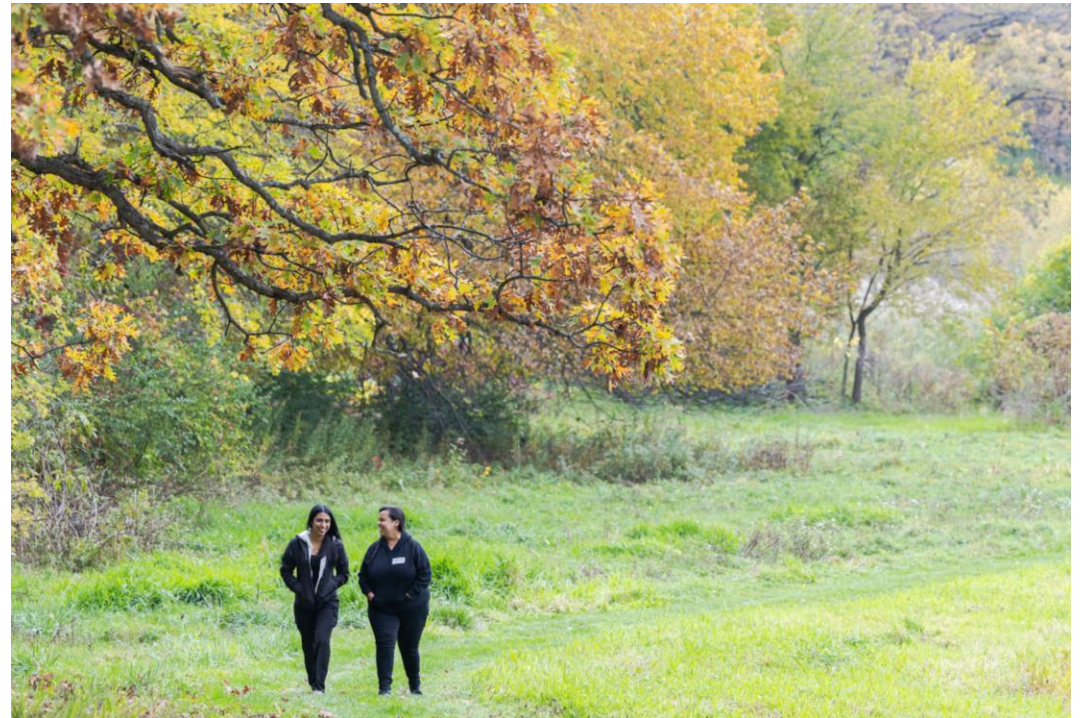
# Diverse Community Opportunities

SATURDAY OF SERVICE - AUGUST 25RD



LOYOLA UNIVERSITY CHICAGO

LOYOLA 360 RETREAT – OCT. 17-19



CAMPUS MINISTRY- COMMUNITY SERVICE AND ACTION

A group of Loyola University students wearing maroon robes and hoods are walking on a campus path. The students are smiling and looking in various directions. Some are holding books or papers. The background shows a building and trees.

LOYOLA UNIVERSITY VALUE #2

# EXPANDING KNOWLEDGE THROUGH EXPERIENCE

CAMPUS MINISTRY – COMMUNITY SERVICE AND ACTION

# EXPANDING KNOWLEDGE THROUGH EXPERIENCE

## Questions for Reflection

- What's a high school experience that taught you something about yourself? What did you learn?
- What's a passion that you're hoping to explore at Loyola? Why?

# Expanding Knowledge Opportunities

LOYOLA UNIVERSITY CHICAGO (LUC)



CHRISTIAN LIFE COMMUNITIES (CLC)



LOYOLA UNIVERSITY VALUE #3

# FINDING GOD IN ALL THINGS





## MINI-EXAMEN

# REFLECT

- Think over your past week, what are some of the highlights? When did you feel a strong sense of wonder or love?
- As you think over this past week, what are the times you felt stressed or uneasy?
- What is something about Loyola that you are looking forward to?

# Finding God in All Things Opportunities



**HINDU STUDENT ORGANIZATION**



**HILLEL**



**MUSLIM STUDENT ORGANIZATION**



**CLC**



**CATHOLIC LIFE/ AMDG**



**AGAPE & ECCLESIA**

**★ SAVE THE DATE: FAITH, SERVICE, JUSTICE FESTIVAL – AUGUST 27**

LOYOLA UNIVERSITY VALUE #4

# SERVICE FOR JUSTICE



# SERVICE FOR JUSTICE

## Questions for Reflection

- What is a justice issue that you are passionate about addressing? Why?
- What is a meaningful type of service you've done before that you'd like to continue while at Loyola? Or one you'd like to start while at Loyola?

# Service For Justice Opportunities

**SOUP KITCHEN – TUES. AND FRI.**



*“The soup kitchen has provided me with a great sense of community, and I love seeing familiar faces when I attend.”*

- Gaby

**LABRE – THURS. @ WTC**



*“I have gotten to make connections with those facing homelessness...that I never had before with other volunteer experiences.”*

- James

- 
- Diverse Community
  - Expanding Knowledge Through Experience
  - Finding God in All Things
  - Service for Justice

**PRESENTATION RECAP**

# **VALUES**

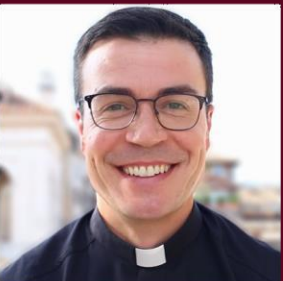
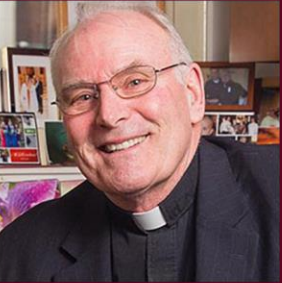
“The real measure of our Jesuit universities lies in who our students become.”

FR. PETER-HANS KOLVENBACH, SJ

FORMER SUPERIOR GENERAL OF THE JESUITS

*If  
Your  
Dream  
Is Only About You  
It's Too  
Small*

# OUR TEAM



CAMPUS MINISTRY – COMMUNITY SERVICE AND ACTION – SUMMER 2025



**LOYOLA**  
UNIVERSITY CHICAGO

# STAY IN TOUCH!

## CAMPUS MINISTRY

**Lake Shore Campus**  
Damen Student Center 217

**Water Tower Campus**  
Terry Student Center 301

**Instagram**  
**@LUCministry**

**Email**  
[ministry@LUC.edu](mailto:ministry@LUC.edu)

## COMMUNITY SERVICE AND ACTION

**Lake Shore Campus**  
Damen Student Center 217

**Instagram**  
**@LUCserve**

**Email**  
[serve@LUC.edu](mailto:serve@LUC.edu)





# What is the Student Promise?

DECLARATIVE STATEMENT THAT UNITES ALL LOYOLA STUDENTS + HIGHLIGHTS WHAT MAKES A LOYLA STUDENT UNIQUE

CARE FOR MYSELF

CARE FOR OTHERS

CARE FOR THE COMMUNITY



DAMEN STUDENT CENTER 300 | [COMMUNITYSTANDARDS@LUC.EDU](mailto:COMMUNITYSTANDARDS@LUC.EDU) | (P) 773-508-8890 | (F) 773-508-3860

- Part of the Office of the Dean of Students Area
- Oversee the Community Standards (Code of Conduct)
- Offer conflict resolution services
- Infuse restorative practices in our work and programs
- Train and supervise student leaders
- Make a referral on our website: [LUC.edu/communitystandards](https://LUC.edu/communitystandards)

GRANADA CENTER DISPATCH: 6427 N. SHERIDAN RD. | [ASKSAFETY@LUC.EDU](mailto:ASKSAFETY@LUC.EDU) | (P) 773-508-SAFE (7233)

- Promote and maintain a safe and secure environment
- Armed/sworn police department
- Operates 24/7/365
- Present on all 3 campuses: Lake Shore, Water Tower, Health Sciences
- Lake Shore Patrol Area: Pratt (north), Glenwood (west), Glenlake (south), Lakefront (east)

- Be situationally aware
  - CTA safety
- Lock doors at all times
- Never leave property unattended
  - Theft of unattended property is the number one crime on-campus.



Lost and Found: Campus Safety Dispatch in Granada Center (Lake Shore) or Maguire Desk (Water Tower)

- Treat others with dignity
- **WHAT WE EXPECT FROM STUDENTS:**
  - Maintain a safe environment
  - Hold each other accountable
    - *Responsibility of Students for their Guests*
  - Take care of yourselves and others
    - *Good Samaritan Protocol*

## **WHERE THE STANDARDS APPLY:**

- On campus
- Electronic and online, such as social media and via text message
- Off campus
  - *Good Neighbor Policy*
- Other institutions
- Studying abroad

# “ACTIVE SHOOTER” RAPID RESPONSE INCIDENTS

- **FBI MODEL**

- **RUN.** – remove yourself from the situation.
- **HIDE.** – barricade yourself from the threat.
- **FIGHT.** – as a last resort.

## **LOYOLA ALERT**

For immediate and imminent threats.

[LUC.edu/alert](https://luc.edu/alert)

## PART OF THE COMMUNITY STANDARDS

- **DRUGS**

- Cannabis illegal at the federal level
- No sharing of prescriptions
- Be aware of fake prescriptions/fentanyl

- **ALCOHOL**

- Possession/consumption under 21
- Presence of alcohol under 21 in the residence halls
- Concern for well-being can result in transport to the hospital

- **FAKE IDs**

- Penalties ranging from suspension of license to 1 year in jail + \$2,500 fines (Class A misdemeanor) to 1-3 years in jail + \$25K fines (Class 4 felony)

- **WEAPONS**

- Perceived as a weapon, it is a weapon
- No concealed carry
- Pocket knives must have blade 2.5 inches or less

## LOYOLA'S MEDICAL AMNESTY POLICY – PART OF THE COMMUNITY STANDARDS

### FOLLOW THESE 3 STEPS:

1. Get **help**.
2. **Stay** with the affected individual(s).
3. **Attend** follow up meeting with the SRCR Team if asked.



## PART OF THE COMMUNITY STANDARDS

- Community Standards apply off-campus
- Keeping the community a safe and respectful space
  - Responsibility for guests
- City ordinances
  - Noise curfew: 10pm to 8am
  - Proper disposal of trash



# PROGRAMS FOR STUDENTS

- **CAMPUS SAFETY:**

- Blue Light Emergency Phones
- Self-Defense Courses
- Street Smarts Tours
- LUC EMS
  - Also offers CPR training for students
- Integrity Cards



- **SRCR TEAM IN THE OFFICE OF THE DEAN OF STUDENTS:**

- Student Promise Week + other awareness week initiatives
- Community Circle Series
- Conflict resolution workshops
- Student employment opportunities
- Follow our student leaders on Instagram: @LUCcircles

# We are here for you. Reach out if we

[LUC.EDU/COMMUNITY STANDARDS](https://luc.edu/community-standards) | [LUC.EDU/SAFETY](https://luc.edu/safety)



STUDENT TRANSITIONS AND ACADEMIC PARTNERSHIPS

# Ramblers Achieving Academic Success

AUGUST WINTERS | RICH ROWLANDS | NAN DENETTE



**LOYOLA**  
UNIVERSITY CHICAGO



# Small Group Dialogue

At your tables share...

- Your name
- One way you expect your college classes to be different than your high school classes?

# The Tutoring Center

Connecting *what* to learn with *how* to learn!

- **Our Goal:** Help students succeed academically!
- **Locations:** Sullivan Center, STEM Center, Schreiber, and online
- **FREE** services for all Loyola students!



## SUPPLEMENTAL INSTRUCTION

- Embedded in **tough** classes!
- SI Leader is an **undergrad student** leader
- SI Leader **attends lecture** with you and facilitates **three 50-minute sessions** each week
- SI Leader **plans** out sessions in advances to review the most difficult concepts from lecture
- Session schedule on our website!



## PEER TUTORING

- Focused on **tough** classes!
- **Drop-in group** tutoring sessions led by peers
- **YOU** drive the session! AKA bring your questions.
- Collaboration with the School of **Nursing**, Quinlan School of **Business**, Modern **Languages**, the History Department, and more!
- Session schedule on our website!

# Tutoring Center's Impact

- IN FALL 2024 AND SPRING 2025 WE SAW

• 29,667

- VISITS & APPOINTMENTS

- Students utilize our services, and so should you! There is no shame in needing academic support!

# WHAT CAN I EXPECT FROM AN SI SESSION?

# In Today's Lecture



101

# MOCK SI SESSION

# BRAIN DUMP

Using the scrap paper in front of you  
Write down everything you remember  
about how to make the creamiest  
mashed potatoes

- \_\_\_ Cut potatoes into 1 inch cubes
- \_\_\_ Drain potatoes
- \_\_\_ Peel potatoes
- \_\_\_ Add salt to the pot
- \_\_\_ Use a fine mesh sieve to mash the potatoes
- \_\_\_ Add the potatoes to a pot of cold water
- \_\_\_ Return the potatoes back to the pot and stir at medium high heat
- \_\_\_ Slowly fold in warm heavy cream
- \_\_\_ Simmer potatoes for approximately 12 minutes
- \_\_\_ Add any additional salt, pepper, and/or butter to taste, and enjoy!
- \_\_\_ Bring potatoes to a soft boil over high heat
- \_\_\_ Check potatoes; should be fork tender
- \_\_\_ Stir in melted unsalted butter

- 1: Peel potatoes
- 2: Cut potatoes into 1-inch cubes
- 3: Add the potatoes to a pot of cold water
- 4: Add salt to the pot
- 5: Bring potatoes to a soft boil over high heat
- 6: Simmer potatoes for approximately 12 minutes
- 7: Check potatoes; should be fork tender
- 8: Drain potatoes
- 9: Return the potatoes back to the pot and stir at medium high heat
- 10: Use a fine mesh sieve to mash the potatoes
- 11: Stir in melted unsalted butter
- 12: Slowly fold in warm heavy cream
- 13: Add any additional salt, pepper, and/or butter to taste, and enjoy!

## Academic Department Tutoring

- American Chemical Society
- Computer Science Department
- Language Learning Resource Center (Language Coaching)
- Mathematics and Statistics Club
- Physics Club

## STEM Center

- St. Josephs Hall

## University Libraries

- Writing Center
- Digital Media Services

# Academic Support Partners

## SYNCHRONOUS FEEDBACK

- Virtual appointments
  - Chat live online with a tutor from your home or elsewhere
  - Opt to video conference or conduct a typed interaction
- In-person appointments
  - Meet in person with a tutor
  - Bring drafts and questions
  - Receive help with any stage of the writing process

## ASYNCHRONOUS FEEDBACK

- Written feedback
  - No scheduled meeting with a tutor
  - Upload your document and a tutor will send you feedback
  - Great for near final draft work

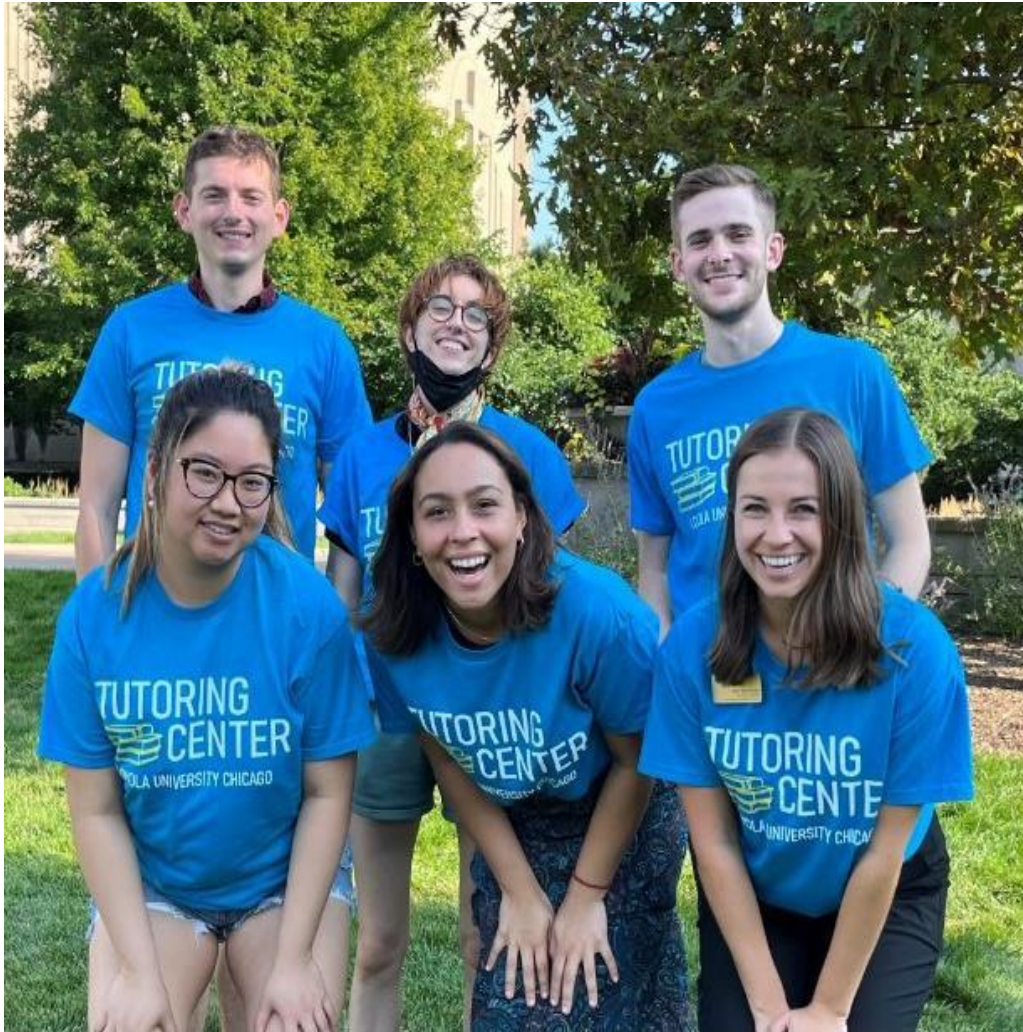
# HOW TO LEARN

**Executive functions** are the cognitive processes that allow one to plan, organize, make decisions, pay attention, regulate behavior, solve problems, and evaluate decisions.

**Elements of executive functioning include:**

- Self-regulation of attentional, cognitive and affective behaviors
- Ability to efficiently manage time and materials
- Awareness of one's (academic) strengths and weaknesses
- Ability to engage in goal directed behavior, including initiating behavior
- Ability to monitor and evaluate performance in relation to one's (academic) goals
- Ability to flexibly revise plans and strategically solve problem





- One-on-one **coaching** with a trained graduate student
- Customized to meet **individual** academic needs
- Work on **executive functioning** skills (time management, exam prep, concentration, etc.)
- **In-Person** and **Virtual** options
- Sign up for this free service on **Navigate**

## Features:

- Appointment scheduling
- See your class schedule
- Study buddies
- Academic planning
- Connect to LUC resources
- Hold center
- Major explorer



- **SAC's mission** is to support, service, and empower students with documented disabilities
- Unlike K-12, it is the **student's responsibility** to self-disclose and request accommodations by registering with SAC on their website
- SAC **collaborates** with students, faculty, and campus partners to implement reasonable accommodations
- SAC is the only office on campus **mandated by the university** to afford accommodations to students with documented disabilities
- You **WILL NOT** be covered by any university accommodations unless you register with and are approved by the SAC



Organizing your time more efficiently so that you can get more done



What gets in the way of good time management?



What are some differences between good time management and bad time management?

# Time Management

- **Things to help improve time management:**
  - Pomodoro technique
  - Time blocking
  - To do lists
  - Creating personal schedules
  - Prioritize your daily tasks

- You just won the lottery! You now have \$84,600 to spend!
- THE CATCH...
  - You must spend it all **today** or lose it
    - No investing in stocks, bonds, or property
  - You and your group should be in agreement!



**IN A SINGLE DAY, YOU HAVE 84,600 SECONDS**

- Peer-to-peer learning is the most effective kind of learning
- The Tutoring Center is for **ALL** students
- Asking for help will be critical to your success



# Follow us on Instagram

- [@luc.tutoringcenter](https://www.instagram.com/luc.tutoringcenter)



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